

R-fresca't

DAILY ACTIVITIES CALENDAR

SUMMER 2020

ROUTES

**NIGHT UNDER
THE SKY**

SPORTS

SHOPPING

CULTURE

CHILDREN



Wednesday 1st JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

20 h **PILATES CLASS,** at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Thursday 2nd JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

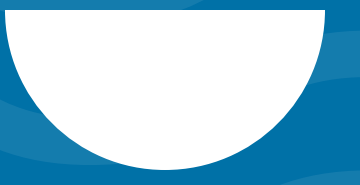
Friday 3rd JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

19:30 h **INAUGURATION OF THE EXHIBITION 'ONYE OBIA,**
l'home vermell a l'Àfrica'
at the Mar de l'Ebre Museum.

Saturday 4th JUL

18 h **FEST'N'FUN CHILDREN'S FESTIVAL,**
with the performance of e Lluç & Adriano (18h), Lluís Atcher (19h) & 2 bearded princesses (20h). There will be stalls, cartoons, workshops and children's games. At the Agustí Vizcarro square



Saturday 4th JUL

20 h

THEATRICAL ROUTE 'Un somni il·lustrat', at the Església Nova. Price: 5 €. Ticket sales at larapita.cat. Activity in Catalan language.

Monday 6th JUL

10 h

AEROBICS AND FASHION DANCES, at the Delícies beach

20 h

PILATES CLASS, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Tuesday 7th JUL

10 h

SUP PILATES PADDLE CLASS, at the Garbí Park. You should bring swimsuit.

10 h

AEROBICS AND FASHION DANCES, at the Delícies beach

Wednesday 8th JUL

10 h

AEROBICS AND FASHION DANCES, at the Delícies beach

20 h

PILATES CLASS, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.



Thursday 9th JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

Friday 10th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

22:30 h **NIGHT UNDER THE SKY** with the theatre show
Improstar, at the Agustí Vizcarro square.

Saturday 11th JUL

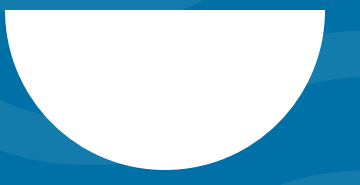
10:30 h **THE PANTENA ROUTE,**
Price: 20€.
Ticket sales at enlarapita.com/regala

17 h a **POST-CONFINEMENT MORRA CHAMPIONSHIP,**
21 h
at the fish halle

20 h **THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at
larapita.cat. Activity in Spanish language.

Sunday 12th JUL

17 h a **POST-CONFINEMENT MORRA CHAMPIONSHIP,**
21 h
at the fish halle



Monday 13th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

20 h **PILATES CLASS,** at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Tuesday 14th JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

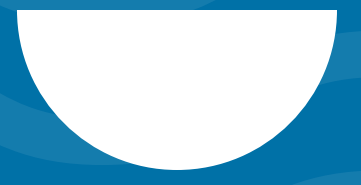
Wednesday 15th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

20 h **PILATES CLASS,** at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Thursday 16th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach



Thursday 16th JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

20 h a **NIGHTS BY THE SEA. Local shops,**
24 h at 1 d'Octubre square

Friday 17th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

22:30 h **NIGHT UNDER THE SKY** with the Habaneras
concert in charge of 'Arrels dels Ports' group,
at Agustí Vizcarro square.

Saturday 18th JUL

20 h **THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at
larapita.cat. Activity in Catalan language.

20 h **INTERNACIONAL GUITAR FESTIVAL,**
with the concert of 'Cruilla de cantautors'
in charge of Sandra Bautista & Raquel Lua,
at Agustí Vizcarro square.

Monday 20th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach



Monday 20th JUL

19 h **MUSIC, TRADITIONS AND LEGENDS FROM 100 YEARS AGO**, (in Spanish) at the Garbí park.

20 h **MUSIC, TRADITIONS AND LEGENDS FROM 100 YEARS AGO**, (in Catalan) at the Garbí park.

20 h **PILATES CLASS**, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Tuesday 21th JUL

10 h **SUP PILATES PADDLE CLASS**, at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES**, at the Delícies beach

Wednesday 22th JUL

10 h **AEROBICS AND FASHION DANCES**, at the Delícies beach

19 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Spanish), at the Garbí Park

20 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Catalan), at the Garbí Park

20 h **PILATES CLASS**, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.



Thursday 23th JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

20 h a **NIGHTS BY THE SEA. Local shops,**
24 h at 1 d'Octubre square

Friday 24th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

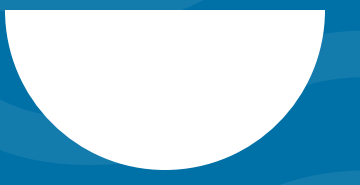
22:30 h **NIGHT UNDER THE SKY with the concert of**
Agrupació Musical Rapitenca band,
at the Agustí Vizcarro square.

Saturday 25th JUL

10 h **THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at
larapita.cat. Activity in Spanish language.

10:30 h **THE PANTENA ROUTE,**
Price: 20€.
Ticket sales at enlarapita.com/regala

22:30 h **NIGHT UNDER THE SKY with a Fables festival,**
at the Agustí Vizcarro square.



Monday 27th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

19 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO,** (in Spanish)
at the Garbí park.

20 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO,** (in Catalan)
at the Garbí park.

20 h **PILATES CLASS,** at the Garbí Park (next to the
swimming pool). You should bring a face mask,
a towel and a meditation cushion.

Tuesday 28th JUL

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

Wednesday 29th JUL

10 h **AEROBICS AND FASHION DANCES,**
at the Delícies beach

19 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Spanish),
at the Garbí Park

20 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Catalan),
at the Garbí Park



Wednesday 29th JUL

20 h **PILATES CLASS**, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Thursday 30th JUL

10 h **SUP PILATES PADDLE CLASS**, at the Garbí Park. You should bring swimsuit.

10 h **AEROBICS AND FASHION DANCES**, at the Delícies beach

20 h a **NIGHTS BY THE SEA. Local shops**,
24 h at 1 d'Octubre square

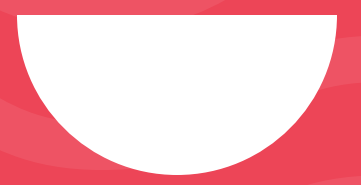
Friday 31th JUL

10 h **AEROBICS AND FASHION DANCES**, at the Delícies beach

22:30 h **NIGHT UNDER THE SKY** with the show *Esta boca no és mía*, in charge of the monologuer Dani Pérez. at the Agustí Vizcarro square.

AUGUST





Saturday 1st AUG

10:30 h THE PANTENA ROUTE,
Price: 20€.
Ticket sales at enlarapita.com/regala

19 h AEROBICS SUN & BEACH,
at the Garbí park (next to the amphitheatre)

20 h THEATRICAL ROUTE 'Un somni il·lustrat',
at the Església Nova. Price: 5 €. Ticket sales at larapita.cat. Activity in Catalan language.

20 h INTERNACIONAL GUITAR FESTIVAL,
with the concert of Peter Lambert (guitar) & Charo Tris (soprano), with a repertoire of boleros, copla and habaneras, at the Agustí Vizcarro square.

Sunday 2nd AUG

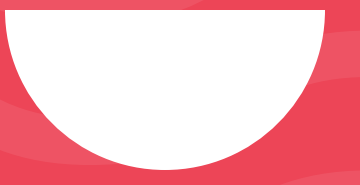
19 h AEROBICS SUN & BEACH,
at the Garbí park (next to the amphitheatre)

Monday 3rd AUG

19 h AEROBICS SUN & BEACH,
at the Garbí park (next to the amphitheatre)

19:30 h INAUGURATION OF THE PAINTING EXHIBITION
“DELT'ART”, by Marie-Anne Pasquet, which can be visited until August the 12. At the Església Nova.

20 h PILATES CLASS, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.



Tuesday 4th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO, (in Spanish)**
at the Garbí park.

20 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO, (in Catalan)**
at the Garbí park.

Wednesday 5th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **YOGA CLASS**
at the end of Delícies beach. You should bring a face
mask, a towel and a meditation cushion.

20 h **PILATES CLASS,** at the Garbí Park (next to the
swimming pool). You should bring a face mask,
a towel and a meditation cushion.

22:30 h **CINEMA UNDER THE SKY**
with the film 'Padre no hay más que uno'
at Agustí Vizcarro square.



Thursday 6th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Spanish),
at the Garbí Park

20 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Catalan),
at the Garbí Park

20 h **NIGHTS BY THE SEA. Local shops,**
at 1 d'Octubre square

Friday 7th AUG

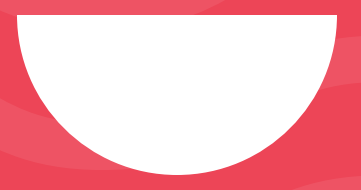
19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

22:30 h **NIGHT UNDER THE SKY with the concert**
of the singer-songwriter Cesk Freixas,
at Agustí Vizcarro square.

Saturday 8th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

20 h **THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at
larapita.cat. Activity in Spanish language.



Saturday 8th AUG

20 h **INTERNACIONAL GUITAR FESTIVAL,**
with a concert of rock & soul in charge of the
Reckless Band, at Agustí Vizcarro square.

Sunday 9th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

Monday 10th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **YOGA CLASS**
at the end of Delícies beach. You should bring a face
mask, a towel and a meditation cushion.

20 h **PILATES CLASS,** at the Garbí Park (next to the
swimming pool). You should bring a face mask,
a towel and a meditation cushion.

Tuesday 11th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)



Tuesday 11th AUG

19 h **MUSIC, TRADITIONS AND LEGENDS FROM 100 YEARS AGO**, (in Spanish) at the Garbí park.

20 h **MUSIC, TRADITIONS AND LEGENDS FROM 100 YEARS AGO**, (in Catalan) at the Garbí park.

Wednesday 12th AUG

19 h **AEROBICS SUN & BEACH**, at the Garbí park (next to the amphitheatre)

19 h **YOGA CLASS** at the end of Delícies beach. You should bring a face mask, a towel and a meditation cushion.

20 h **PILATES CLASS**, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

22:30 h **CINEMA UNDER THE SKY** with the film 'Alpha', at Agustí Vizcarro square.

Thursday 13th AUG

10 h **SUP PILATES PADDLE CLASS**, at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH**, at the Garbí park (next to the amphitheatre)



Thursday 13th AUG

19 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Spanish),
at the Garbí Park

19:30 h **INAUGURATION OF EVA MASCARELL'S**
INTERVENTION in the cycle **Ebre, Art i Patrimoni**,
at the Mar de l'Ebre Museum .

20 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Catalan),
at the Garbí Park

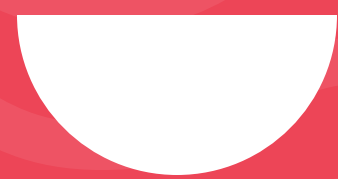
20 h **NIGHTS BY THE SEA. Local shops,**
at 1 d'Octubre square

Friday 14th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19:30 h **INAUGURATION OF THE JOAQUIM MORMENEO**
BALADA PAINTING EXHIBITION, which can be visited
until August the 25th of August. At the Església Nova.

22:30 h **NIGHT UNDER THE SKY**
with the show of the **Buitres (22.30h)**
& **Equus (23.59 h)** groups,
at the Agustí Vizcarro square.



Saturday 15th AUG

- 10:30 h THE PANTENA ROUTE,**
Price: 20€.
Ticket sales at enlarapita.com/regala
- 17 h a 21 h SUMMER 2020 MORRA CHAMPIONSHIP,**
at the fish halle
- 19 h AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)
- 20 h THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at larapita.cat. Activity in Catalan language.
- 22:30 h NIGHT UNDER THE SKY with the big Karaoke gala,**
at the Agustí Vizcarro square.

Sunday 16th AUG

- 17 h a 21 h SUMMER 2020 MORRA CHAMPIONSHIP,**
at the fish halle
- 19 h AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

Monday 17th AUG

- 19 h AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)
- 19 h YOGA CLASS** at the end of Delícies beach. You should bring a face mask, a towel and a meditation cushion.
- 20 h PILATES CLASS,** at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.



Tuesday 18th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO, (in Spanish)**
at the Garbí park.

20 h **MUSIC, TRADITIONS AND LEGENDS
FROM 100 YEARS AGO, (in Catalan)**
at the Garbí park.

Wednesday 19th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **YOGA CLASS**
at the end of Delícies beach. You should bring a face
mask, a towel and a meditation cushion.

20 h **PILATES CLASS,** at the Garbí Park (next to the
swimming pool). You should bring a face mask,
a towel and a meditation cushion.

22:30 h **CINEMA UNDER THE SKY**
with the film 'Robin Hood'.
At Agustí Vizcarro square.



Thursday 20th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

19 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Spanish),
at the Garbí Park

20 h **CHILDREN ACTIVITY**
'The treasure of the pirate Ketchup' (in Catalan),
at the Garbí Park

20 h a **FOOD & FASHION**
24 h See the schedule at foodandfashion.es
at the Marina area

Friday 21th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

20 h a **FOOD & FASHION**
24 h See the schedule at foodandfashion.es
at the Marina area

Saturday 22th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

20 h **THEATRICAL ROUTE 'Un somni il·lustrat',**
at the Església Nova. Price: 5 €. Ticket sales at
larapita.cat. Activity in Spanish language.



Saturday 22th AUG

20 h a **FOOD & FASHION**
24 h See the schedule at foodandfashion.es
at the Marina area

Sunday 23th AUG

19 h **AEROBICS SUN & BEACH,**
at the Garbí park (next to the amphitheatre)

20 h a **FOOD & FASHION**
24 h See the schedule at foodandfashion.es
at the Marina area

Monday 24th AUG

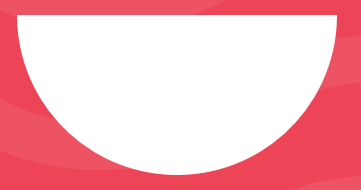
19 h **YOGA CLASS** at the end of Delícies beach. You should bring a face mask, a towel and a meditation cushion.

20 h **PILATES CLASS,** at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

Tuesday 25th AUG

10 h **SUP PILATES PADDLE CLASS,**
at the Garbí Park. You should bring swimsuit.

19 h **MUSIC, TRADITIONS AND LEGENDS**
FROM 100 YEARS AGO, (in Spanish)
at the Garbí park.



Dimarts 25th AUG

20 h **MUSIC, TRADITIONS AND LEGENDS FROM 100 YEARS AGO**, (in Catalan) at the Garbí park..

Wednesday 26th AUG

20 h **PILATES CLASS**, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.

22:30 h **CINEMA UNDER THE SKY** with film 'Mascotes 2'. At the Agustí Vizcarro square.

Thursday 27th AUG

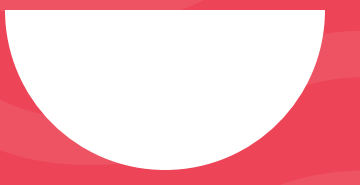
10 h **SUP PILATES PADDLE CLASS**, at the Garbí Park. You should bring swimsuit.

19 h **CHILDREN ACTIVITY** 'The treasure of the pirate Ketchup' (in Spanish), at the Garbí Park

20 h **CHILDREN ACTIVITY** 'The treasure of the pirate Ketchup' (in Catalan), at the Garbí Park

20 h **NIGHTS BY THE SEA**. Local shops, at 1 d'Octubre square

INAUGURATION OF EUFÒNIC, festival of sound and visual arts. Check out the events and concerts at eufonic.net



Friday 28th AUG

EUFÒNIC,
festival of sound and visual arts.
Check out the events and concerts at eufonic.net

Saturday 29th AUG

EUFÒNIC,
festival of sound and visual arts.
Check out the events and concerts at eufonic.net

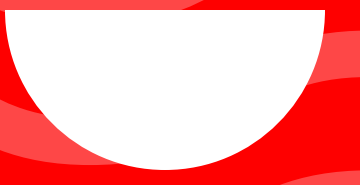
Sunday 30th AUG

CLOSING OF EUFÒNIC,
festival of sound and visual arts.
Check out the events and concerts at eufonic.net

Monday 31th AUG

20 h

PILATES CLASS, at the Garbí Park (next to the swimming pool). You should bring a face mask, a towel and a meditation cushion.



ROUTES

‘Un somni il·lustrat’ theatrical itinerary

July & August. Every Saturday.

20h. Església Nova. 5€

Pantena itinerary

11, 25 of July & 1, 15 of August. 10.30h.

Confraria St. Pere at the Encanyissada lagoon. 20€

NIGHTS UNDER THE SKY

Cinema under the sky

Every Wednesday of August.
22.30h. Agustí Vizcarro square.



PADRE NO HAY MÁS QUE UNO



ALPHA



ROBIN HOOD



MASCOTES 2

Nights under the sky

22.30h. Agustí Vizcarro square

- 10 July. Theatre
- 17 July. Habaneras
- 24 July. Concert AMR
- 25 July. Fables
- 31 July. Monologues
- 7 August. Cesk Freixas concert
- 14 August. Buitres & Equus concert
- 15 August. Karaoke gala

Internacional Guitar Festival

18 of July, 1 & 8 of August
20h. Agustí Vizcarro square



SPORTS

Aerobics & fashion dancing

July. From Monday to Friday.

10h. Delícies beach

Pilates

July & August. Mondays & Wednesdays.

20h. Garbí park

SUP Pilates paddle

July & August. Tuesdays & Thursdays.

10h. Garbí beach

Aerobics sun & beach

August. From the 1st to the 23rd.

19h. Garbí park

Yoga

5, 10, 12, 17, 19, 24 of August.

19h. Delícies beach



SHOPPING

Local shops

Thursdays from the 16th of July to the 13th of August,
and the 27th of August.

From 20h to 24h. 1 d'Octubre square

Food & Fashion

From the 20th to 23rd of August.

From 20h to 24h. Sant Carles Marina



CULTURE

Exhibitions

From the 3rd of July to the 30th of August. 19:30 h.

‘Onye obia: l’home vermell a Àfrica’.

Mar de l’Ebre Museum

From the 3rd to the 12th of August.

Painting exhibition “Delt’art” de Marie-Anne Pasquet.

Església Nova

13 of August. 19:30h.

Eva mascarell intervention at the Ebre, Art i Patrimoni.

Mar de l’Ebre Museum

From the 14th to the 25th of August.

Joaquim Mormeneo Balada painting exhibition.

Església Nova

Morra Championships

11 & 12 of July. From 17h to 21h. Fish halle

15 & 16 of August. From 17h to 21h. Fish halle

Eufònic, festival of sound and visual arts

From 27 to 30 of August.

Events and concerts at eufonic.net



CHILDREN

Fest'N'Fun children festival

4 of July. 18h. Agustí Vizcarro square

Music, traditions and legends from 100 years ago

Garbí park. 19h spa. 20h cat.

20 & 27 of July & 4, 11, 18 & 25 of August

The treasure of Ketchup the pirate

Garbí park . 19h spa. 20h cat.

22, 29 of July & 6, 13, 20, 27 of August